## **December 2022**

## Blacksburg Aquatic Center (540) 443-1120 www.blacksburg.gov/recreation

	Hours of Operation: Monday - Friday 5:30am - 7pm - Saturday 9am - 12pm - Sunday 1pm - 5pm *Pool closes 15 minutes before building						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swimming is by Reservation. Please call 540-443-1120 to reserve your spot.		<u>5:30 - 9:00</u> AM Lap Swim (6)	<u>5:30 - 9:00</u> AM Lap Swim (6)	<u>5:30 - 9:00</u> AM Lap Swim (6)	<u>5:30 - 9:00</u> AM Lap Swim (6)	<u>5:30 - 9:00</u> AM Lap Swim (6)	
		* <u>9:00AM - 11:00</u> AM*	* <u>9:00AM - 11:00</u> AM*	* <u>9:00AM - 11:00</u> AM*	* <u>9:00AM - 11:00</u> AM*	* <u>9:00AM - 11:00</u> AM*	
		**Therapy Swim**	**Therapy Swim**	**Therapy Swim**	**Therapy Swim**	**Therapy Swim**	
	<b>OPEN</b> <u>1:00 - 5:00</u> <b>PM</b> <b>Lap Swim (3)</b> Rec Swim (3)	H20 Exercise 9-10am	H20 Exercise 9-10am	H20 Exercise 9-10AM	H20 Exercise 9-10am	H20 Exercise 9-10am	
Aquatic Center CLOSED on Saturday and Sunday, December 24, 25, 31 and January 1, 2023. Closing at 5pm on Friday, December 23.		<u>11:00 AM - 12:00</u> PM Lap Swim (6)	<u>11:00 AM - 12:00</u> PM Lap Swim (6)	<u>11:00 AM - 12:00</u> PM Lap Swim (6)	<u>11:00 AM - 12:00</u> PM Lap Swim (6)	<u>11:00 AM - 12:00</u> PM Lap Swim (6)	9:00 AM - 10:30 AM Lap Swim (6) 10:30 AM - 12:00* PM Lap Swim (4) H20 Exercise (2) (No Instructor)
		12:00 PM - 3:30 PM Lap Swim (4) Rec Swim (2) 3:30 PM - 5:00 PM Swim Team (6)	12:00 PM - 3:30 PM  Lap Swim (4)  Rec Swim (2)  3:30 PM - 5:00 PM  Swim Team (5)  Lap Swim (1)	12:00 PM - 3:30 PM Lap Swim (4) Rec Swim (2) 3:30 PM - 5:00 PM Swim Team (6)	12:00 PM - 3:30 PM Lap Swim (4) Rec Swim (2) 3:30 PM - 5:00 PM Swim Team (2) Lap Swim (4)	12:00 - 3:30 PM Lap Swim (3) Rec Swim (3)	
Aqua Yoga Tuesday, December 6 and 20 11am FREE		5:00 PM - 6:30 PM Swim Team (5) Lap Swim (1)	5:00 PM - 6:30 PM Swim Team (5) 5:00 PM - 6:00 PM Lap Swim (1)	5:00 PM - 6:30 PM Swim Team (5) BAC Use (1)	5:00 PM - 6:30 PM Swim Team (5) 5:00 PM - 6:00 PM Lap Swim (1)	<u>3:30 PM -6:45</u> PM Lap Swim (6)	
		6:00 PM - 7:00 PM Lessons 6:00 PM - 6:50 PM CATT (3) 6:30-7:30 PM H20 Exercise (3)	<u>6:30 PM - 6:45</u> PM BAC Use (6)	6:00 PM - 7:00 PM Lessons 6:30-7:30 PM H20 Exercise (3)	<u>6:00 PM - 6:50</u> PM CATT (4) BAC Use (2)		

<sup>\*\*</sup>Physical Therapy Swim 9am - 11am Monday-Friday: Doctor or Therapist note + admission \$/pass required to swim during this time. (No lap swimming)\*\*